

# Nine Ways to Enter Prayer

**Focus**  
*Goal*

**My Heart (IN)**  
*Enter my own heart*

**My World (OUT)**  
*Consider my situation and others around me.*

**My God (UP)**  
*Enter God's Heart*

*Three Patterns of Jesus*

<b>Compassion</b>	<b>1. Feel?</b> Where am I? How am I feeling? Tense? Anxious?	<b>2. Compassion?</b> How do I love those around me? How do I incarnate? What is their world like? What do they want?	<b>3. Enjoy?</b> Thanking & enjoying God.
<b>Honesty</b>	<b>4. Repent?</b> Do I repent? Do I have a hidden sin? What does God's Word say to me?	<b>5. Honest?</b> Do I need to speak the truth to someone? What concerns me about this person? What do I want God to do in their heart?	<b>6. Lament?</b> Lament? Do I need to open up my broken heart to God?
<b>Dependence</b>	<b>7. Desire?</b> What do I want? Wait and pray? Am I pushing my will into this situation?	<b>8. Wait? Do?</b> Do I push into this situation out of love? Do I surrender? Yes? No?	<b>9. Watch?</b> What is God doing? What is the story? How do I pray?